

## Nurse Survey

I am preparing this information regarding nurse's childhood background for my upcoming book. Please take fifteen minutes to complete this survey regarding your childhood. Focus on the essay questions that have the most significance to you. E-mail this survey to Doris Young at [Doris@DorisYoungAssociates.com](mailto:Doris@DorisYoungAssociates.com) or fax to 1 757 624-1755

- A. When and why did you choose nursing as your profession?
- B. What is your age? \_\_\_\_ How long have you been a nurse? \_\_\_\_\_
- C. Describe your childhood.
- D. What has been your most significant learning or transforming experience in your childhood? Why?

Please mark the number that most describes you with "1" being the least like me and "5" being the most like me. Please "bracket," "underline," or "bold" your answers to questions.

- E. 1 2 3 4 5 | I felt that I could really trust my parents – they created a safe environment for me.
- F. 1 2 3 4 5 | The atmosphere in my childhood was open and authentic, about both the good experiences and the tough times in life.
- G. 1 2 3 4 5 | In my childhood growth issues were brought to my attention or I was confronted when appropriate.
- H. 1 2 3 4 5 | The relationship with my parents challenged me and taught me many positive things.
- I. 1 2 3 4 5 | My childhood was filled with happy memories. I was free to play and enjoy my childhood
- J. 1 2 3 4 5 | I was given skills to take care of myself in childhood.
- K. 1 2 3 4 5 | In childhood I consistently felt affirmed, challenged, inspired, and stretched instead of nagged, beat on, or made to feel guilty.
- L. 1 2 3 4 5 | The methods used in my childhood to interact with me honor my personality.

- M. 1 2 3 4 5 | My mother was loving towards me and open to feedback. She apologized and dealt with mistakes or misstatements appropriately.
- N. 1 2 3 4 5 | My father was loving towards me and open to feedback. He apologized and dealt with mistakes or misstatements appropriately.
- O. 1 2 3 4 5 | As a child I was given adult responsibilities.
- P. 1 2 3 4 5 | I had a parent/parents that abused alcohol, prescriptions, or illegal drugs.
- Q. 1 2 3 4 5 | As a child I experienced physical, sexual, verbal, or emotional abuse.
- R. 1 2 3 4 5 | As a child I observed physical, sexual, verbal, or emotional abuse.
- S. 1 2 3 4 5 | As a child I was the caregiver for my siblings/parents.

T. Write three words that describe you.

U. Write three words that don't describe you.

If you would be open to being interviewed please give your contact information below. Please know that you have complete assurance of your individual anonymity.

Name: \_\_\_\_\_

Phone: \_\_\_\_\_

Address: \_\_\_\_\_

E-Mail: \_\_\_\_\_

I would like to receive Doris' monthly electronic newsletter Yes  No