ADVANCED PRACTICE NURSING
Chosen by Susan Apold, PhD, RN, ANP-BC, dean and professor, Division of Nursing, Concordia College–New York, Bronxville.

1. Outcome Assessment in Advanced Practice Nursing

This book will help NPs, clinical nurse specialists, nurse anesthetists, and nurse midwives to identify outcome measures that matter to other health care providers, legislators, and consumers. In a thorough overview of outcome studies, Kleinpell promotes advanced practice nursing and shows the need for more outcomes research. Readers learn detailed methods for identifying and selecting outcome measures, locating outcome tools, and for tailoring outcome measures to various advanced practice specializations. This important work can be used by graduate students as well as seasoned nurse researchers.

- Provides a road map for the design of outcomes research that will answer questions about health care reform and safety
- Tables give an overview of four decades of outcome measures and studies
- User-friendly text

2. Bates’ Guide to Physical Examination and History Taking

There’s no better resource for teaching, learning, or refreshing physical assessment techniques! This book’s reputation and longevity are based on its excellence, thoroughness, and documentation of advances in research and technology. Anatomy and physiology are discussed in depth. Evidence-based criteria for screenings, health promotion, and health counseling make this a stellar reference.

- Includes a DVD with clips from Bates’ Visual Guide to Physical Examination
- Approaches physical assessment as clinicians do: reviews the components of a health history and gives interviewing tips
- Offers a comprehensive collection of color plates that differentiate between normal and abnormal

3. Advanced Practice Nursing: Essentials for Role Development

Becoming an advanced practice nurse (APN) requires increased clinical knowledge and skills. New APNs must know the history, current issues, and future trends of the field, as well as the increased responsibility and complexity of their new nursing roles. In this textbook, Joel introduces the unique culture of each traditional advanced practice role and presents issues of crucial importance to NPs, clinical nurse specialists, nurse midwives, and nurse anesthetists. Nationally recognized expert authors highlight topics such as prescriptive authority, collaborative practice relationships, liability, resource management, and reimbursement.

- User-friendly design
- An extensive reference list accompanies each chapter
- Chapters are well organized and concise, and the writing is seamless

COMMUNITY–PUBLIC HEALTH
Chosen by Stephanie Chalupka, EdD, RN, PHN-CNS, BC, FAAOHN, professor and director, Master of Science in Nursing Program, Worcester State College, Worcester, MA.

1. Disaster Nursing: A Handbook for Practice

Adelman and Legg provide essential, practical information about disaster preparedness, hospital and community nursing response, and disaster nursing roles from first responder to disaster volunteer. They discuss disaster leadership and management, both in hospitals and on site. The book also covers treatment of vulnerable populations in a calamity, including children, pregnant women, the elderly, and people with disabilities.

- Clear, concise, and comprehensive coverage of legal and ethical issues that arise during a disaster
- Addresses frequently overlooked issues, such as culturally appropriate care in culturally sensitive situations
- Reality-based scenarios encourage readers to think critically and to apply new knowledge
are discussed in some depth, as are assessment and management techniques for commonly encountered pathologic conditions in critical care. The authors address nutrition, sedation, and procedure techniques. Some chapters include online resources.
• Good reference on common patient care issues for critical care APNs and graduate students
• Contains practice guidelines for common procedures and interventions, including management of trauma, burns, nutrition, and family-centered care
• Thorough, easy-to-understand tables and illustrations

**ELECTRONIC MEDIA**

Chosen by Katherine A. Kany, BS, RN, project director, How to Try This, Ashburn, VA.

1. Maternal-Child Nursing Care (Electronic Student Study Guide)

This engaging CD accompanies the book of the same name, and reinforces each chapter’s key learning points through compelling interactive exercises. Winning answers prompt learners to “play” further. Some exercises prompt students to sort information into categories such as outcome, intervention, and assessment. Audio clips mimic breath and heart sounds to help in making diagnoses. Sample care plans detail nursing diagnoses, interventions, outcomes, and patient goals.
• Teaching guides in English and Spanish
• Good source of critical thinking exercises
• Varied additional reference material to augment learning

**GERONTOLeGIC NURSING**

Chosen by Elaine J. Amella, PhD, GNP-BC, FAAN, professor, College of Nursing, Medical University of South Carolina, Charleston.

1. Gerontological Nursing: Competencies for Care

Mauk has developed an excellent reference for nurses studying or practicing gerontologic nursing. If you can have only one gerontologic nursing reference on your shelf, this is the one! Built on the American Association of Critical-Care Nurses and Hartford Institute for Geriatric Nursing competencies, it addresses 30 critical geriatric care issues. Chapters contain relevant, timely research, often with high levels of evidence (such as randomized, controlled trials) or from large epidemiologic databases. An easy-to-access Web-based system supports this text, providing students with outlines, pretests, quizzes, and a glossary.
• Includes guidelines and pertinent illustrations and charts
• Well balanced between gerontology (social issues) and geriatrics (health and illness issues)

2. Chronic Illness: Impact and Intervention

Although chronic illness isn’t exclusive to aging, it’s predominant among older adults. This classic text presents practice standards and treatment guidelines to clinicians, nurse specialists, advanced practice students, and any others who work with older adults. Most chapters demonstrate how research supports practice using high levels of evidence, including randomized, controlled trials and systematic reviews. Discussion of concepts like stigma, adaptation, and powerlessness illustrates how chronic disease affects individuals, families, and health professionals.
• Strong evidence supports multifaceted issues of relevance to gerontologic nurses
• Conceptual framework explores the effects of chronic illness
• Complex case studies present realistic client and patient situations

**3. Gerontological Nursing**

This comprehensive text presents critical elements of long-term care practice and regulation to upper-level students and faculty members who teach geriatrics. Those new to geriatrics may have trouble determining which highlighted boxes are most important. Those familiar with technology may find this text and its Web site approachable and useful.
• Patient–family teaching guidelines make information accessible
• Visually appealing; easy-to-find chapter highlights
• Boxes like “Practice Pearls” and “Drug Alerts” emphasize key points

**LEADERSHIP AND MANAGEMENT**

Chosen by Donna M. Nickitas, PhD, RN, CEA-BC, professor, Hunter College of the City University of New York.

1. The Quantum Leader: Applications for the New World of Work

Malloch and Porter-O’Grady have written a nontraditional reflection on the importance of leadership in contemporary nursing practice. Current and aspiring nurse leaders will discover leadership concepts and behaviors essential for sustaining complex health care organizations and providing value-based health care services. Chapters provide meaningful definitions, descriptions, and examples of how leaders “model the way.” Leadership in the 21st century requires courage, authenticity, and competence. The Quantum Leader guides readers with evidence-based approaches, research, and principle-centered practices.
• Clear, descriptive chapter objectives
• Extensive use of figures and boxes
• Insightful, thought-provoking case studies

2. The New Leadership Challenge: Creating the Future of Nursing

This book describes the work of leading health care organizations. Readers explore various definitions of leadership, analyze vision and visionary leadership, and tackle the intricacies of leader-follower relationships. The authors integrate leadership theories and research beyond traditional nursing perspectives. They include annotated summaries of “must-read” books on leadership. This
interactive, creative book helps readers discover their own leadership potential.

• Well-prepared and presented tables, exercises, and assessments
• Comprehensive overview of leadership concepts for nurses at various career levels
• Essential tools and skills for developing leaders

3. Management and Leadership for Nurse Administrators

Nurse leaders committed to innovation, creativity, and productivity can gain theoretical and practical knowledge here. The authors are sensitive to the changing demands of managing human and fiscal resources. Chapters contain timely, relevant theories and cited literature. Nurse managers, executives, and students will appreciate the application exercises and detailed figures and tables.

• Relevant learning objectives, and nurse manager and nurse executive behaviors
• Incorporates the American Nurses Association’s Scope and Standards for Nurse Administrators and includes the American Organization of Nurse Executives’ competencies and the American Association of Critical-Care Nurses’ “Forces of Magnetism”
• Evidence-based practice examples help professional nurses meet quality and safety goals

MATERNAL AND CHILD HEALTH

Chosen by Patricia Robin McCartney, PhD, RNC, FAAN, senior clinical instructor, Georgetown University Scholars at Washington Hospital Center, and adjunct assistant professor, Georgetown University, Washington, DC.

1. Labor of Love: A Midwife’s Memoir
By Cara Muhlhahn. New York City, Kaplan Publishing.

This is Muhlhahn’s personal story as a “certified nurse midwife in private homebirth practice.” Anyone who cares or advocates for childbirthing women should read it. You’ll smile and tear up at the power of women in childbirth. Muhlhahn’s nurse midwife is an intelligent, educated, clinician. She weaves lively stories about her experiences and her use of contemporary childbirth research.

• Authentic, compelling personal story
• Emotional, informative story of women, birthing, and the health care system
• Dispels stereotypes of midwifery and home birth

2. Child Health Nursing: Partnering with Children and Families

This is an exciting approach to contemporary pediatric health care. Using a pediatric health care model, the authors integrate health promotion and maintenance into all health care settings across the entire care continuum. This model meaningfully structures the book’s content, which includes children’s growth, development, and physiology; assessment; culture; complementary therapy; evidence-based practice; and nursing care planning using NANDA, NIC, and NOC.

• Follows a unifying model of pediatric health care
• Chapters use text boxes and figures to integrate concepts

3. Telephone Triage for Obstetrics and Gynecology

Telephone triage is a practice trend of the information age. According to the authors, “Health care services cannot afford to ignore paradigmatic shifts in culture, and so you accommodate, translating the intimate, personal skills of patient counseling and education to the telephone.” They discuss the foundations of telephone triage practice, from telephone counseling fundamentals to logistics and legal perspectives.

• Includes several protocols (contraception, pregnancy, women’s health) and a sample triage form
• Protocols are adaptable for providers from receptionists to NPs
• Reviewed by experts in obstetrics and gynecology

MEDICAL–SURGICAL NURSING

Chosen by Julie Zerwic, PhD, RN, interim executive associate dean, College of Nursing, University of Illinois at Chicago, and by clinical faculty in the Department of Biobehavioral Health Science, College of Nursing, University of Illinois at Chicago.

1. To Comfort Always: A Nurse’s Guide to End-of-Life Care
By Linda Norlander. Indianapolis, IN, Sigma Theta Tau International.

This book will inspire nurses working with chronically or critically ill patients who are dying. Norlander’s frustrations as a new nurse providing home care for dying patients motivated her to share information on end-of-life care with other nurses. Shorter and more upbeat than the usual textbook, this book covers ethical and cultural issues, symptom management, and pediatric end-of-life care. Nurses may find its wisdom personally relevant when a family member or friend is dying.

• Patient scenarios begin each chapter, providing concrete, practical examples
• Valuable resources, including books and Web sites, appear throughout
• Practical tips give nurses ideas about what and what not to say

NURSING AND CONTINUING EDUCATION

Chosen by Joanne R. Warner, DNS, RN, dean and professor, University of Portland, Portland, OR.

1. Schooling Learning Teaching: Toward Narrative Pedagogy
By Nancy Diekelmann and John Diekelmann. Bloomington, IN, iUniverse.

The idea of “hermeneutic phenomenology” frames this groundbreaking book, which opens with a stunning explanation of narrative pedagogy’s philosophical underpinnings. I often reread lines to catch deeper meaning. If you’re intrigued by considering schooling as engaged attendance, learning as listening, and teaching as responding by both educator and student, seek out this book. You’ll never teach in the same way again.

• Innovative application of philosophy to the invisible process of learning
• Grounded in two decades of research and inquiry
2. Teaching Strategies for Health Education and Health Promotion: Working with Patients, Families, and Communities
Edited by Arlene J. Lowenstein, Lynn Foord-May, and Jane C. Romano. Sudbury, MA, Jones and Bartlett Publishers.

The art and science of teaching are central to health care providers’ efforts. This comprehensive resource introduces and discusses education theory, and concludes with applications to special health conditions and diagnoses. The three editors artfully crafted this coherent volume from the contributions of 38 additional authors. It offers a broad understanding of learning, and addresses applications from parenting education to oral health. It also describes a rich web of influences on health education, such as age, poverty, technology, diversity, and ethics. Read this book if your practice involves teaching, if you wonder how to use education to promote health, if you’re a student honing your health promotion skills, or if you just enjoy a good, scholarly read.
- Comprehensive look at health education and health promotion
- Superbly edited and beautifully formatted
- Essential topic or practice for many health care professionals

3. Quality Caring in Nursing: Applying Theory to Clinical Practice, Education, and Leadership

This treasure reflects the author’s more than 20 years’ experience in relationship-centered caring and more than 35 years of clinical wisdom. Duffy breathes new vitality into the timeless concept of caring. She has reframed and updated this concept with scholarly finesse and the recognition of new service and academic challenges. Despite scholarly foundations, this is a delightful read for students and practicing nurses.
- Broad application to practice, education, and leadership
- Chapters include key words, boxes of significant information, summarizing tables, and reflective questions for students, educators, and nurse leaders
- Persuasive call to action about quality caring

1. Evaluating Research for Evidence-Based Nursing Practice

This excellent resource demystifies the process of evaluating nursing research for incorporation into evidence-based nursing practice. Throughout the book, readers critiquing research reports are encouraged to ask, “Where is the information? What is the information? How good is the information?” Although the text is written for a baccalaureate nursing research course, it’s a great resource for any nursing student and for all practicing nurses.
- Explanation and application of the Conceptual- Theoretical-Empirical model, a comprehensive framework of criteria for the evaluation of nursing research
- Includes CD-ROM with learning activities, test questions, and report templates

2. Reading, Understanding, and Applying Nursing Research

This textbook clarifies the research process for undergraduate students and practicing nurses, guiding them in learning to evaluate research reports. This well-organized book uses a clear and practical approach, introducing readers to evaluating research and integrating it into clinical practice. The book encourages readers to use nursing research publications to practice the application of learned knowledge and skills. This excellent textbook teaches students and practicing nurses to become informed consumers of nursing research.
- Promotes understanding of the research process
- Interactive CD-ROM enhances content mastery
- Instructor’s Guide has a test bank of multiple-choice questions and answers

3. Middle Range Theory for Nursing

Smith and Liehr’s exposition on nursing theory enhances nursing science and clinical practice. The authors present 12 middle range nursing theories. The discussion format of each chapter helps the reader understand the theories and the comparisons among them. This user-friendly reference is a must-have for students as well as academic and clinical nurse scholars.
- Includes four new theories that address societal impacts on health
- Ladders of abstraction present each of the 12 theories clearly, guiding students’ thinking and understanding, and promoting dialogue among students and faculty

1. Florence Nightingale: Mystic, Visionary, Healer

This book isn’t a textbook, but introductory nursing classes should require it. Nightingale was far more than “the founder of modern nursing.” She was spiritual and felt called upon by God; she was from a wealthy family and gave it all up. She was a great feminist and scholar, accomplished in both sanitation and statistics. This book reveals the social action within nursing’s history. Imagine Florence Nightingale discussing health care reform!
- Historical pictures and a list of Nightingale’s written work
- Analysis of her Myers-Briggs Type Indicator (personality type)
- Great coffee-table book that any nurse would be proud to display
PSYCHIATRIC–MENTAL HEALTH NURSING

Chosen by Lauren Tavolero-Kyle, MSN, RN, CS, assistant professor of nursing, Community College of Philadelphia, and private practice in geriatric psychiatry, Philadelphia.

1. Essentials of Psychiatric Mental Health Nursing: A Communication Approach to Evidence-Based Care
   By Elizabeth M. Varcarolis and Margaret Jordan Halter. St. Louis, Saunders Elsevier.

   This aptly named book is invaluable for nursing students trying to resolve issues concerning clients with psychiatric disorders. It’s a comprehensive introduction to the major issues of psychiatric nursing and a resource of diagnoses, interventions, and medications. The book’s attractive, user-friendly layout illustrates key points and guides learning. Refreshingly, it avoids the overkill of superfluous information found in similar texts, giving students an easy-to-navigate source of pertinent, up-to-date information.
   • Concise and easy to understand
   • Current evidence-based interventions address psychiatric issues
   • Short pertinent vignettes

2. Clinical Handbook of Psychotropic Drugs

   This attractive, accessible handbook contains comprehensive advanced medication data for the psychiatric specialist. In addition to the usual psychopharmacology categories, the authors introduce color-coded subcategories, allowing fast access to a plethora of pertinent clinical information. “Further reading” indicators at the conclusion of each chapter allow specialists to thoroughly investigate each subject. The spiral binding makes it easy to navigate the wealth of information inside.
   • Easy-to-find information on mechanisms of action, warnings, availability, and patient issues
   • Thumbs-up icon and bulleted format for approved indications
   • Evidence-based journal article references

3. Psychiatric Mental Health Nursing Success: A Course Review Applying Critical Thinking to Test Taking

   Each specialty has its own chapter, allowing nursing students to easily test their knowledge and nursing faculty to reinforce the subject matter. The information is current to today’s psychiatric practice. Complex yet realistic test scenarios offer users an edge in preparing for testing on psychiatric content.
   • Exemplary NCLEX-style questions written at application and analysis level
   • Test-taking hints enhance testing skills
   • Easy-to-find questions are categorized according to mental health disorders in the Diagnostic and Statistical Manual of Mental Disorders, Fourth Edition, Text Revision

PUBLIC INTEREST AND CREATIVE WORKS

Chosen by Karen Roush, MS, RN, FNP-BC, doctoral candidate, New York University College of Nursing, New York City, and AJN’s former editorial director.

1. The Heart’s Truth: Essays on the Art of Nursing
   By Cortney Davis. Kent, OH, Kent State University Press.

   These moving essays offer the reader a clear, honest look into one woman’s nursing experience, without being overly sentimental or clichéd. The writing is evocative and lyrical, making these essays a joy to read for anyone who appreciates good writing.
   • Wide appeal to nurses, health care providers, and the general public
   • Honest and insightful portrayal of nursing

2. The HPV Vaccine Controversy: Sex, Cancer, God, and Politics

   This reasoned, in-depth discussion examines all sides of the human papillomavirus (HPV) vaccine controversy. Readers get the information they need to make an informed decision about vaccination. The book contains comprehensive information about HPV and the vaccine, including the risks and physical and emotional aspects, and a discussion from the parents’ perspective. This timely book uses information to defuse a volatile, emotional topic.
   • Comprehensive, clear information
   • Considers all aspects of the topic, adding a reasoned voice to the debate
   • Invaluable for parents trying to make sense of conflicting information and reach an informed decision

3. Saving Lives: Why the Media’s Portrayal of Nurses Puts Us All at Risk
   By Sandy Summers and Harry Jacobs Summers. New York City, Kaplan Publishing.

   This book provides an accounting of how nursing is portrayed in all sections of the media. It describes how inaccurate and biased portrayals affect nursing as a profession and health care overall. Most importantly, it provides readers with specific ideas on how to influence the media that could result in a more accurate perception of nursing that improves health care for everyone.
   • In-depth comprehensive coverage of the issue
   • Specific actions for addressing the problem
   • Clear, well-organized writing

PUBLIC POLICY AND HISTORY

Chosen by Mary W. Chaffee, PhD, RN, FAAN, disaster research coordinator, National Library of Medicine, National Institutes of Health, Bethesda, MD. The views expressed here are those of the author and do not necessarily reflect the official policy or position of the Department of the Navy, the Department of Defense, or the U.S. government.

1. Making Data Talk: Communicating Public Health Data to the Public, Policy Makers, and the Press
Communicating scientific data is critical to improving health and health care, but making numbers “speak” can be agonizingly difficult. This is a must-read for health professionals who want to use science to craft evidence-based policy. It’s a sophisticated guide to presenting data clearly and ethically so that it has impact. This book will help health care leaders bridge the gap between science and practice, improving their advocacy efforts.

- Explains how to effectively communicate science to policymakers and the public
- Guides clinicians in effectively communicating scientific data for shaping policy
- Offers a simple framework to use for selecting and presenting data

2. Smallpox: The Death of a Disease
By D. A. Henderson. Amherst, NY, Prometheus Books.

Most clinicians today haven’t seen the clinical and social devastation of smallpox. For millennia, the disease scarred, blinded, and killed millions of people. Here, D. A. Henderson, the physician who led the worldwide smallpox eradication campaign, shares his unique perspective on the huge public health effort. The eradication of smallpox is the public health equivalent of the moon landing. Henderson’s history is highly readable and beautifully detailed.

- Contains exceptional photographs
- Chronicles one of humankind’s greatest accomplishments

By Deborah Judd, Kathleen Sitzen, and G. Megan Davis. Sudbury, MA, Jones and Bartlett Publishers.

Learn how nursing’s past can illuminate current nursing practice. Chapters analyze specific eras in nursing’s history from multiple perspectives and uncover forces that shaped modern nursing and may influence nursing’s future. Discussion questions complement the well-written text and focus on applying the lessons from nursing history to current practice. The authors encourage readers to continue studying nursing history with a how-to chapter on conducting historical research.

- Examines nursing history through seven different perspectives: sociopolitical, the image of nurses, nursing education, practice advances, war’s effect on nursing, licensure and regulation, and nursing research
- Demonstrates the relevance of nursing history to current nursing practice
- Well-designed timelines highlight critical events and advances that influenced nursing