



## Local hero

Photo by EUGENE TANNER

Bethany Hamilton of Kauai makes her way onto shore after competing in an early heat of the Hawaii Amateur Surfing Association State Championship.

# Moe: 'I get a great thrill ... giving tours'

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specimen mounting, a cause for celebration, including a photo in a local newspaper.

Says Moe, "That was kind of fun. That was neat."

Shortly afterward, he got tapped to be president of the NTBG volunteer organization, Na Lima Kokua.

"Hey, I jumped at that — I said yes, I really would love to do that," says Moe. "I know people in the Garden and like them, and I want to work with them and want to have fun being the head of Na Lima Kokua."

"Chipper Wichman is everything that I remembered him to be, but now he is the director and I love the fact that he is in that position even more, so

what could be nicer for me than to be head of the volunteers under Chipper? It's terrific."

Since taking on the task, Moe has helped recruit nearly 30 new volunteers. He's in touch with Wichman.

"As any good leader, Chipper's always open to suggestions and he wants to hear what's going on. I have no compunctions against filling him in on what I think might be an area where we could improve," says Moe.

Taking on the volunteer leadership in both organizations might feel daunting to some, but for Moe, it is rewarding, and that's what keeps him at it.

"It's really just the satisfaction that you always get when you're doing something that's worthwhile," he says.

# Ivy: Teaches the value of humor in easing pain

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"Candid Camera" videos. He wrote a book about it that's become a classic, "Anatomy of An Illness," first published in 1979.

While working at Wilcox Memorial Hospital in the '80s as a rehabilitation and continuing care coordinator and an advocate for Kauai's cancer patients, Osterlund initiated the Chuckle Channel, getting Frank De Lima and Andy Bumatai to donate rights to show their videos on closed circuit TV. She began writing articles about the value of humor in easing pain, in reaching out to patients and more.

Osterlund left Kauai and Wilcox to move to Oahu to pursue a Master's degree of science in nursing (MSN) with a focus in pain management. She explains her work.

"For example, if your mom was in the hospital and she was having too much pain and the doctors and nurses didn't know what to do about it, they would call me or one of my staff to come interview your mom and make a recommendation about what to do," says Osterlund.

Job hunting after completing her MSN, she says, "The job on paper that I wanted was offered to me at Straub, but I felt a pull to Queen's that I couldn't explain. And then I later found out that my great, great, great grandfather was on the first board of trustees at Queen's, and from then on, programs that I proposed, projects that I created — doors just opened for me."

Those doors keep opening. One day while Osterlund was driving to work at Queen's, Ivy Push started speaking to her.

A graduate of Queen's nursing school in the late 1950s, Ivy Push has 40 years of nursing experience. She's from Lawai, Kauai, Hawaii, and is of English, Irish, Scottish, Hawaiian, Chinese and Portuguese descent.

"A lot of the Ivy Push performances have been for



Hob Osterlund as herself, a consultant in pain management at Queen's Medical Center on Oahu.

nursing conferences so nurses can say, 'Look, there's somebody who knows my story,' and it makes it all the funnier, because the story of nursing, and the story of health care is really the story of the impossible," says Osterlund.

Ivy Push is funny to da max. Brit nurses respond to her.

Actress/comedian Bea Arthur says, "Forget Florence Nightingale. Ivy Push heals patients with huge doses of the quintessential pain killer — laughter!"

Twenty five years after get-

ting called on the carpet by her nursing instructors, Osterlund's phone rings.

"I got a phone call asking me to be the keynote speaker for a reunion for that school of nursing," says Osterlund. "I was asked to be the keynote speaker on humor."

"I knew that in the moment that I was having those critical incident cards given to me, I knew in that moment that one day, that phone call 25 years later would happen. So when it did happen, it was very funny."

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